

Dec. 31, 2024

# Peace, I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid. — John 14:27 (NIV)

As the Christmas festivities come to an end and the twinkling lights begin to fade, find a peaceful space to unwind and contemplate the lessons learned and the blessings received during this special time. Feel yourself relax and recharge as you prepare for the new year ahead with renewed hope and energy.

#### 5 Questions to Create a Powerful New Year

#### What am I proud of this past year?

My successes and achievements, both personally and professionally.

#### What obstacles held me back?

In love, in health and in my relationships

# How can I use these challenges to grow?

What were the hiccups I encountered and how can I use them to move forward?

#### What have I most appreciated?

Throughout the year what are the little things I appreciated most?

#### Where am I going?

Imagine 3 years down the track, where would you like to be?

# **Every Day Presses a Reset Button**

Every day begins anew. Each day you actually have the opportunity to press the reset button. You leave your emotions and moods behind\_every evening and the next morning you have a choice. Whether to pick up where you left off or to choose something new.

New Year's reflections are similar. Rather than the day before, it's the year before. You get an opportunity to choose something new or carry on right where you left off.

A New Year's Reflection is a NEW beginning. You don't have to repeat the last year. This is your opportunity to begin afresh.

The magic of writing your 5 reflection questions down is that you get to consolidate, right before your own eyes and choose what you would prefer for the next year.

### **New Years Resolutions**

Rather than a New Year's Resolution, which seems to be a flimsy term at the moment (mainly for those who don't achieve them), you have a written reflection. Each New Year's Day symbolizes letting go of the past and moving toward a brand-new future that you get to create.

Don't underestimate the power of your choices. You are the creator of your own destiny, and you are only limited by your own thoughts about the past. So, it's time to let them go and create something new and wonderful.

#### The Power is in the Reflection

A New Year's Resolution helps you to decide what you want but a New Year's Reflection helps you to understand where you are. And you need to know where you are so that you can head toward what you want. So, a life you love never happens by chance. Joy, fun, love and abundance are never about chance but individual choices and a New Year's Reflection helps you to push the reset button to re-design your future along your Soul Path toward a life you really love. Something that you'll be proud of, and a life filled with purpose and meaning.

Heavenly Father, as I unwind and reflect, help me carry the lessons and love from this season into the new year, so that I may continue to grow closer to You and spread Your light.

#### **NEWS AND ANNOUNCEMENTS**

# **GoFundMe for Shannon Jarvis**

Shannon Jarvis has been dealing with serious health issues for all of her life and has endured major hardships and setbacks in her health in the last three years, especially. She recently came home from more than a two year stay in the hospital in 2022-2024, that has left her with the inability to walk, indefinitely, at the age of 34. Now that she is home in her parents' house, she is confined to her bedroom as the house and bathroom are not wheelchair accessible. Another friend and I have started a GoFundMe for Shannon to raise money for a bathroom renovation, to make her bathroom wheelchair accessible so she can live more comfortably in her home.

The link for the GoFundMe for Shannon is here: https://gofund.me/9ef554f3

Donations are greatly appreciated! Thank you for your time.

Jennifer Lunardo

# Help Needed!!!

If you are able to help with taking down the Christmas decorations on Tuesday January 7 either in the morning or the afternoon, would you please let Lynne, or a member of the Music and Worship Team know.

# **A Fall Devotional Update**

A **new** edition of **Our Daily Bread** (December/January/February), as well as the current edition of **These Days** (October/November/December) are available on the table in the church vestibule and in the devotional box on the church porch.

# Coffee/Tea Sign - Up



The sign-up sheet for coffee/tea service after worship is on the bulletin board opposite the kitchen downstairs. Please sign yourselves up or sign up your committee so that our Fellowship time after church can continue.

Jan. 5 – Susan & Kathy

Jan. 12 -

Jan. 19 -

Jan. 26 -

# PRAYER REQUESTS AND PASTORAL CARE

- \* Pray for the people of war-torn countries who are living in fear and uncertainty. Pray for those close to home who need your special love and guidance during trying times.
- \* Paul Johnston had surgery for the pacemaker and after they did an x-ray to make sure all was well and a visit from a technician from the Pacemaker Clinic Paul got the okay to head home just in time to spend Christmas with the family.
- \* Please keep in your prayers the following: Michael Langstaff, Robert Soth, Zachariah Mwangi, Shirley P., Josephine Wong, Shelia Thomas' grandson, Carter, Ed L., Bob N., Charlotte Prentice, Joan and Peter K., Margaret M's brother, Simon, the Jarvis family, Olive S., Roman P., Jean Fox's nephew, Ryan, and Gordon F.

Please keep these folks, and indeed, everyone in our church family and people around the world, in your prayers.

Note from your editor: Could you please advise us from time to time on the status of your loved ones so that updates can be recorded and shared to prove that the power of prayer does work miracles.

#### **UPCOMING EVENTS**

- \* Tuesdays @ 11:00 AM Walking Group All are welcome
- \* Thursdays @ 2:00 PM Worship service at Centennial Park Place
- \* Monday, Jan. 6 @ 9:30 AM Sing Etobicoke at NPCC
- \* Monday, Jan. 6 @ 7:00 PM Outlook Team Meeting
- \*Our services are now live streamed. Go to the church's website (<u>www.graceview.ca</u>) to click the link for the most recent worship services on YouTube.
- \* We also have our own Facebook page. (Graceview Presbyterian Church). This site shows the world all that we are and what we have to offer as a church. Check it out and be sure to "follow."

	<u>Prayer Roster</u>	Lay Readers	Welcome and Announcements
Jan. 5	Eric Lee	Errol Baldeo	Susan Chopp
Jan. 12	Eric Lee	Kathy Twynam	Nancy McPherson
Jan. 19	Nancy Green	Nancy McPherson	Lynne Bishop
Jan. 26	Ethel Waite	Al Bishop	Bob Twynam
Feb. 2	Eric Lee	Lynne Bishop	Kathy Twynam
Feb. 9	Maureen Screen	Anna Cherniak	Nancy McPherson
Feb. 16	Errol Baldeo	Nancy Green	Susan Chopp
Feb. 23	Eric Lee	Harry Learoyd	Lynne Bishop
Mar. 2	Susan Chopp	Chris Parr	Bob Twynam
Mar. 9	Nancy McPherson	Susan Chopp	Kathy Twynam
Mar. 16	Eric Lee	Bob Twynam	Nancy McPherson
Mar. 23	Kathy Twynam	Jean Fox	Susan Chopp
Mar. 30	Chris Parr	Maureen Screen	Lynne Bishop

# **SING! ETOBICOKE WINTER SCHEDULE**

Jan. 6	9:30 AM	NPCC	Winter Words	W25SE1
Jan. 13	9:30 AM	GV	Light the Way	W25SE2
Jan. 20	9:30 AM	Fellowship	Songs of the North	W25SE3
Jan. 27	9:30 AM	GV	Time After Time	W25SE4
Feb. 3	9:30 AM	Fellowship	Guest Day III	W25SE5
Feb. 10	9:30 AM	GV	Love Songs	W25SE6
Feb. 24	9:30 AM	NPCC	Troubled Water	W25SE7
Mar. 3	9:30 AM	GV	Over the Rainbow	W25SE8
Mar. 10	9:30 AM	NPCC	Unforgettable	W25SE9
Mar. 17	9:30 AM	NPCC	Spring Sing (Guest Day IV)	W25SE10

Note: we will not be meeting on Family Day, Feb. 17, 2024

# **WEEKLY GIGGLE**

# **Dieting Resolutions**

2021: I will get my weight down below 160 pounds.

2022: I will follow my new diet religiously until I get below 180 pounds.

2023: I will develop a realistic attitude about my weight.

2024: I will work out every day.

2025: I will try to drive past a gym at least once a week and eat fewer cookies

Sigh... all aboard for a happy New Year

Do you have any news or prayer requests that you would like to share? Drop me a line and I will be happy to include it in the Weekly Email. Have a blessed week, everyone.

Susan <a href="mailto:choppertini@hotmail.com">choppertini@hotmail.com</a>

Contact information for Pastor Eric Lee: 778-791-1741; <a href="leefyeric@gmail.com">leefyeric@gmail.com</a>

NB: If the phone number for Pastor Eric does not connect you immediately (technical issues?) call the church (416-621-0888) and press #1 for Pastor Eric.

Email for Iris: ericirishk@gmail.com

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	New Year's Day	Service @ CPP 2:00 PM Choir practice 6:30 PM	3	4
5	6 Sing Etobicoke @NPCC *Outlook Team 7:00 PM	<b>7</b> Walking Group 11:00	8	Service @ CPP 2:00 PM Choir practice 6:30 PM	10	11
12	Sing Etobicoke @Graceview	Walking Group 11:00 Craft Club 11:00 Session 6:30	15	Service @ CPP 2:00 PM Choir practice 6:30 PM	17	18
19	20 Sing Etobicoke @Fellowship	Walking Group 11:00	22	Service @ CPP 2:00 PM Choir practice 6:30 PM	24	25
26	27 Sing Etobicoke @Graceview	Walking Group 11:00	29	Service @ CPP 2:00 PM Choir practice 6:30 PM	31	1

<sup>\*</sup> Message from **Pastor Eric:** "FYI the Graceview website page below has been revamped, so as to keep people updated of our activities and events. Visit us and enjoy all that is good about Graceview". https://graceview.ca/calendar-events