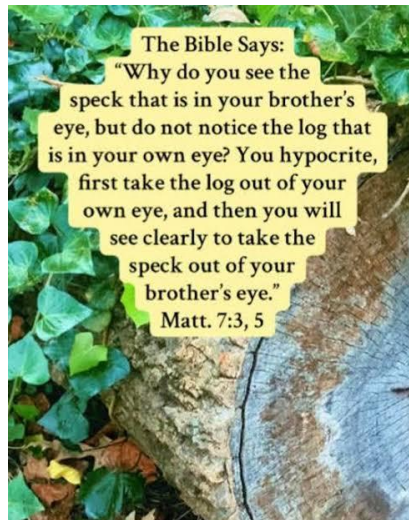




Oct. 7, 2026

The Art of Complaining

Oh how easy is it to complain about EVERYTHING! We complain about the weather, about our politicians, about our neighbours, about our children, our parents and the list goes on and on. I have often said out loud, “ if I were in charge of (fill in the blanks) everything would run more smoothly. I constantly criticize that horrible merge from the 401 to the 427 where you have to cross over multiple lanes of traffic to get to the Burnhamthorpe exit. If they had asked ME about planning...it would have been much better. (ya, right). My one greatest lesson I learned about complaining was from my very first principal when I started teaching. She was the youngest principal in the board, and I adored her. She often repeated this: “If you have a complaint, be sure you follow it up with a solution. Don’t just gripe constantly about it. If it bothers you...fix it!” My cousin Josie complained to General Mills food about her packet of Dream Whip that did not whip! She wrote a beautiful letter saying how much she enjoyed their various products and was dismayed when the whipping cream did not whip. She was disappointed and thought that the powers that be should know. Her letter was sent and several weeks later, she got a response and an apology from General Mills and with it came a box of all of their products to make up for the defective Dream Whip. She had enough Jello to last quite a while.

There were several complainers in the Bible.

- **The Israelites:** Grumbled repeatedly against Moses, Aaron, and God because of bitter water, lack of food, and a desire for the food they had while enslaved in Egypt.
- **Adam:** Blamed Eve and indirectly blamed God for his sin of eating the forbidden fruit (Genesis 3:12).
- **Moses:** Complained to God about the heavy burden of leading the complaining Israelite nation (Numbers 11:11–15)
- **Jonah:** Became angry with God for showing mercy to the city of Nineveh and asked God to take his life (Jonah 4:1–3).
- **Jeremiah:** Questioned God about why the wicked prosper and the faithful suffer (Jeremiah 12:1–4).
- **Miriam and Aaron:** Complained and spoke against Moses because of his Cushite wife and his unique leadership status (Numbers 12:1–2).

“Churches compromise imperfect people led by imperfect leaders. Just because you can voice a complaint doesn’t mean you should rush to do it. Before you catch the pastor or the music director or any team leader, after service with the dreaded words. “We need to talk” here is a different approach that we should all consider.”

1. Pray – before you complain, pray. When you find something that you can complain about, talk to the Lord about it first. Sometimes, what you want to complain about is not worthy of a complaint. As you pray, you can ask God what he wants you to do in this situation, and whatever he leads you to do, then do it. He may lead you to say something or lead you to say nothing.
2. Examine Your Heart First – In Matthew, Jesus gives us the one thing we must do first before we find the faults in others. We must examine our hearts first. (read Matthew 7: 3-5) Jesus wants us to look inward first before we jump on the issues of others. Sometimes when we see the flaw in others, we forget our own.
3. Put Yourself in Their Shoes – For a moment, forget about yourself and think about what it must be like to walk in the pastor's shoes (or music director or head of a committee etc). Have you considered the pressure that they are under? Often these leaders carry their burdens and stresses alone.
4. Check Your Expectations – is your complaint valid, or is it the result of unrealistic expectations? Checking your expectations requires us to think about the organization or the leader and see how the complaint aligns with the reality of what the organization can do.
5. If the expectations are valid, go beyond the surface and figure out the issue. Don't just look at the problem, look for the cause of the problem. This will help you move to the next step.
6. Identify a Solution – Once the issue is clear, now you can start looking for solutions to the problem. By looking for solutions, you position yourself as one who cares and wants to help, not just one who like to complain and grumble.
7. Be Willing to Be part of the Solution – Hopefully, part of your solution will be to get involved if necessary. E.g. If the issue is that there is no choir due to a lack of participation and volunteers, perhaps you can rally your friends and join the choir and help boost the numbers so that there is a choral presence with volume. Your willingness to do this will make you an aid to the church, the music program, and the pastor.
8. Remember, Grace Matters – Always err on the side of grace. This means that instead of being quick to complain, be quick to give grace. This is done because this is what you want done to you.

So, hopefully, we can overcome the grumbles and all come together to make our world less stressful. We are all loved, and we all love our church, our families, and friends. Let us all be that shining example of how to complain in a manner that causes less division and more harmony.

Source: 9 Things to Do before You Complain about Your Church or Pastor – Clarence L. Haynes Jr. (I used 8 of them)



Worship Calendar

Oct. 11	Christ is Our Redeemer	Ruth 1:15-18 & 4:1-12	Rev. Jan Hieminga
Oct. 18	TBA	TBA	Rev. Jan Hieminga
Oct. 25	Holiness Gets Personal	Leviticus 19:1-2, 11-19	Rev. Eric Lee
Nov. 1	Turned Right Side Up pt. 1- The Gospel We Have Received	Micah 3:5-12	Rev. Eric Lee
Nov. 8	Turned Right Side Up pt. 2 Faithful to the Word	Micah 3:8 Revelation 22: 18-19	Rev. Eric Lee



NEWS AND ANNOUNCEMENTS

Congratulations!!

Just wishing a heartfelt congratulations to Harry and Pat as they celebrated their 64th wedding anniversary yesterday. We are all sending you much love and respect for hitting this amazing milestone.

Bible Study



Session 4 of our Bible Study boasted 17 attendees. Our numbers keep growing! You are all welcome to attend. This is a most informative and interesting series, and I recommend it highly.

St. James Food Bank

Please be advised that the St. James Food Bank does not need egg cartons at this time. Please recycle your egg cartons responsibly. You will be advised when there is again a need for used egg cartons. Thank you all for supporting the SJFB.

Scripture Readers

Please be advised that a printed copy of the psalms and the scriptures that are to be read on any given Sunday will be placed on the lectern for every Sunday worship service. It has come to our attention that some of our dear readers do not have the ability to make a copy of the readings that Halyna sends out every week. She will now be making a single copy which will be in place in case a reader is not able to have their own printed copy. This will, hopefully, prevent issues of reading the wrong scripture or the wrong version of the scripture. The printed version is exactly what appears on the screen so that everyone is on the same page!

Bible Study Dates

Please take notes of the remaining dates that the Bible Study will occur.

Oct. 20; Oct 27; Nov. 17; Nov. 24

Coffee/Tea Sign Up

It is time again to volunteer for coffee/tea service after worship services. The sign-up sheet is on the bulletin board in the Adamson Lounge. September is already full, but there are plenty of spots left for the remainder of the year. If you can, please sign up for multiple dates, so that we are not left short at the last minute.

Thank you

Oct. 11 – Harry & Pat
Oct. 18 – Helen & Chris
Oct. 25 – Carol & Iris
Nov. – Outreach
Dec. 6 - Susan & Kathy
Dec. 13 –
Dec. 20 –
Dec. 27 –



Thanksgiving Food Drive

Outreach is organizing a food/cash drive for the St James Food Basket to provide them with selected food products for their client families. The following items have been suggested: canned tomatoes, canned tomato paste, tuna, canned beans (e.g. chickpeas), and 1-pound (454 grams) packages of pasta (not in boxes). A large tote bin is now at the front of the church to hold your items. If you prefer, you can make a cash donation (cash, cheque or e-transfer) which will be used to buy these items in bulk by the Food Basket. Please mark your donation for the Outreach account, Food Drive, and include your envelope number. Let's aim to fill the bin to overflowing by Sunday, October 18th and share our blessings with those who are struggling to make ends meet.



Ethel's Contact Information

Ethel Waite Is now home and can also be reached on her landline as before. Please note that her niece's husband Bob Wooley passed away

:

Kento's New Musical!!

Kento has created a new musical entitled REIMU which is a modern reimagining of the Japanese folk legend, Snow Woman. The world premiere will take place on Friday, October 16(evening) and Sunday, October 18 (matinee) at the Array Space Studio (155 Walnut Avenue). Here is the link for more information. The production is endeavouring to raise funds through a GOFUNDME page. That information is also in the link that I have provided.

Well done, Kento. We, at Graceview are so proud of all you have accomplished.

<https://www.hibikiproject.org/reimu-hp>

NB. A third performance has now been added on Sunday, October 18 at 7:00 PM.

A Taste of Italy Dinner

Outreach plans to host a dinner on Friday, October 16th at 6 pm in the downstairs hall. It will feature an Italian themed dinner and will be prepared for us by Chef Keith and the students in the culinary program at Thistleton Collegiate. Ticket prices are \$30 and all proceeds from the dinner will go to the Thistleton Euro Trip to Italy which will take place during the 2027 March Break. Please save this date on your calendar! Tickets can be purchased from Jean Ross, after service.

Common Scents

Please be advised that our church has a scent-free protocol. It seems that some of our dear parishioners feel unwell due to heavy floral smells. Please be considerate of those in our congregation who are affected by strong smells and odors and refrain from perfumes or colognes when coming to worship on Sunday mornings. Thank you one and all.



Sing! Etobicoke

Mark your calendars: Sing Etobicoke returns on October 20!

The full schedule is attached. **Notice that sessions are now on Tuesdays**

New this year: no more registering ahead of time! Sing Etobicoke is now fully drop-in. If you feel like singing, just show up to whichever weekly session works for you. Come every week, come once in a while, however it fits into your life.

Please do remember to continue to sign in. 😊

As always, it's completely free and open to everyone in the community, so bring a friend or neighbour along if you'd like. We've missed our Sing Etobicoke community, and we're so glad you'll be raising your voices with us again this year. See you on October 20!

Sing Etobicoke! 2026 Fall Schedule

Date	Start Time	Location	Workshop Theme
October 20, 2026	9:30 AM	NPCC	Voices of Fall
October 27, 2026	9:30 AM	Graceview	Spirits and Stories (Guest Day I)
November 3, 2026	9:30 AM	NPCC	Catch a Falling Star
November 10, 2026	9:30 AM	Graceview	The White Cliffs of Dover
November 17, 2026	9:30 AM	NPCC	Canadian Classics
November 24, 2026	9:30 AM	Graceview	La Mer
December 1, 2026	9:30 AM	NPCC	Movie Night
December 8, 2026	9:30 AM	Graceview	Road Trip!
December 15, 2026	9:30 AM	NPCC	Holiday Sing I
December 22, 2026	9:30 AM	Graceview	Holiday Songs (Guest Day II)

Sing! Etobicoke! 2027 Winter Schedule

Date	Start Time	Location	Workshop Theme
January 12, 2027	9:30 AM	Graceview	Voices of Winter
January 19, 2027	9:30 AM	Graceview	The Great American Songbook
January 26, 2027	9:30 AM	Graceview	A Day in the Life
February 2, 2027	9:30 AM	NPCC	Musicals and more (Guest Day III)
February 9, 2027	9:30 AM	NPCC	That's Amore!
February 16, 2027	9:30 AM	NPCC	A Morning of Ballads
February 23, 2027	9:30 AM	Graceview	Downtown
March 2, 2027	9:30 AM	NPCC	Stand By Me
March 9, 2027	9:30 AM	Graceview	Sunshine, Lollipops and Rainbows
March 16, 2027	9:30 AM	NPCC	Voices of Spring (Guest Day IV)



PRAYER REQUESTS AND PASTORAL CARE

❖ Pray for the people of war-torn countries (Iran, Ukraine, Sudan) who are living in fear and uncertainty. Pray for those close to home who need your special love and guidance during trying times. Pray for our country, Canada. Pray for those who are afflicted with the Ebola virus in the African country of Congo. Especially, pray for those affected by the forest fires in northern Ontario.

❖ **Please keep these people in your prayers:**

Joan Kohar
Ethel Waite
Ali Tavosoli's family
Ruth Ann Ross
Roman and Adrian P.
Jarvis family

Bob Nixon
Anna Cherniak
Viralyn Goolcharan
Harold Hussey
Ed Lattimore

Ryan Jory
Margaret Munene's brothers, Luka and Simon
Olive S.
Teresia Njoki
Sheila Thomas' grandson, Carter

Please keep these folks, and indeed, everyone in our church family and people around the world, in your prayers.

Note from your editor...could you please advise me from time to time on the status of your loved ones so that updates can be recorded and shared to prove that the power of prayer does work miracles.



UPCOMING EVENTS

- * Thursdays @ 2:00 PM – Worship service at Centennial Park Place
- * Friday, Oct. 16 - @ 6:00 PM – A Taste of Italy Dinner
- * Friday, Oct. 16 & Sunday, Oct. 18 – REIMU (Kento’s musical)
- * Tuesday, Oct. 20 @ 9:30 – Sing! Etobicoke begins at NPCC
- * Sunday, Nov. 1 @ 10:30 AM – Remembering Tree Sunday
- * Sunday, Nov. 8 @ 10:30 AM – Remembrance Day Service with guest speaker, Brenda Nash
- * Monday, Nov. 9 @ 6:30 PM – Mission Team meeting
- * Friday, Nov. 27 @ 6:30 PM – Deck the Halls
- * Wednesday, Dec. 16 @ 12 noon – Advent Lunch and Movie



Prayer/Reader/Announcements for 2026

	<u>Prayer Roster</u>	<u>Lay Readers</u>	<u>Welcome and Announcements</u>
Oct. 11	Halyna Parypa	Georgena Engineer	Bob Twynam
Oct. 18	Chris Parr	Bob Twynam	Kathy Twynam
Oct. 25	Pastor Eric	Kathy Twynam	Nancy McPherson
Nov. 1	Margaret Munene	Al Bishop	Iris Lee
Nov. 8	Pastor Eric	Nancy McPherson	Susan Chopp
Nov. 15	Nancy Green	Vi Lobodowsky	Bob Twynam
Nov. 22	Susan Chopp	Nancy Green	Iris Lee
Nov. 29	Pastor Eric	Anna Cherniak	Kathy Twynam
Dec. 6	Susan Chopp	Bob Twynam	Nancy McPherson
Dec. 13	Maureen Screen	Harry Learoyd	Susan Chopp
Dec. 20	Pastor Eric	Chris Parr	Bob Twynam
Dec. 27	Nancy McPherson	Susan Chopp	Iris Lee

WEEKLY SMILE



Where to Find Us

Contact Person	Email Address	Phone Number	Role/Note
Susan Chopp	choppertini@hotmail.com	416-953-7582	Weekly News
Pastor Eric Church Office (Halyna)	pastor@graceview.ca office@graceview.ca	416-621-0888 (press #1)	Church related issues Church Secretary
Graceview Website	https://graceview.ca/calendar-events		
Facebook Page	Graceview Presbyterian Church		
Instagram Page	https://www.instagram.com/graceview.presbyterian?igsh=MnlpeXE5YTYyN2ly		

October 2026

SUN	MON	TUE	WED	THU	FRI	SAT
				1 Service at CPP 2:00	2	3
4 <u>Communion</u> In View of God's Mercy Rev. Eric Lee	5 Outreach 7:00 PM	6 Bible Study 12:15	7	8 Service at CPP 2:00	9	10
11 Christ is Our Redeemer Rev. Jan Hieminga	12 	13 Craft Club 11:00	14	15 Service at CPP 2:00	16 A Taste of Italy 6:00 PM REIMU – 8:00 PM	17
18 Rev. Jan Hieminga REIMU – 4:00 & 7:00	19	20 Sing Etobicoke 9:30 NPCC Bible Study 12:15	21	22 Service at CPP 2:00	23	24
25 Holiness Gets Personal Rev. Eric Lee	26	27 Sing Etobicoke 9:30 GV Bible Study 12:15	28	29 Service at CPP 2:00	30	31 